UPMC Perinatal Telephonic Psychiatric Consultation Service Program (UPMC Perinatal TiPS)

UPMC Perinatal TiPS is a provider-to-provider service which connects providers who are seeking advice for pregnant and postpartum patients to perinatal psychiatry and obstetrical substance use disorder (SUD) experts. TiPS physicians do not prescribe medications but make recommendations to help guide medication prescribers caring for patients during the perinatal period.

A Perinatal TiPS team serves every county in Pennsylvania. Our team serves western Pennsylvania. Call **1-844-972-8477** and our team will help you reach the correct Perinatal TiPS team.

Who We Serve

Obstetrician-gynecologists (OB/GYNs), primary care providers (PCPs), and psychiatrists who care for patients during the perinatal period

What We Provide

- **Peer-to-peer telephone consultation.**
- **Care coordination.**
- **Training and education.**
- **One-time virtual face-to-face therapy and psychiatry consultation for complex patients.**

**TiPS is not a crisis service.*

When

9 a.m. to 5 p.m., Monday through Friday

Why

To help you feel more comfortable with caring for pregnant and postpartum patients with psychiatric and SUD conditions

HOW TO REGISTER

Contact UPMC Tips at 1-844-972-8477 to register your practice in the program. There is no fee for registration. Currently, program funding is provided by the Jewish Healthcare Foundation.

UPMC | WESTERN BEHAVIORAL HEALTH

UPMC | CHILDREN'S COMMUNITY PEDIATRICS

UPMC | MAGEE-WOMENS

WPIC538178 JZ/LM 1/25 © 2025 UPMC