What:
5 half-hour sessions & 1 full hour chat with experts

When:
Starting September 3, 2025
Every Two Weeks
Noon - 12:30 PM
(Chat with Experts Noon - 1 PM)

FREE registration here:

Perinatal TiPS:
Mental Health Webinar Series

Support for Mental Health in the Perinatal Period:

The Perinatal TiPS team is excited to offer a new six-part webinar series focused on mental health during the perinatal period. These sessions are tailored for health care providers working with pregnant/postpartum individuals, including prescribers and non-prescribers.

Why Attend?

- Learn practical strategies for identifying and managing mental health conditions in perinatal care
- Improve outcomes through collaborative care and evidence-based approaches
- Hear from expert providers and gain tools for real-world implementation

Speakers and Topics:

September 3, 2025: Pregnant & on Psychiatric Medications: Provider's Dilemma – Dr. Ritika Baweja
September 17, 2025: Perinatal Bipolar Disorder: Navigating the Risk-Risk Discussion – Dr. Marissa Beal
October 1, 2025: Restless Minds, Sleepless Nights: Clinical Insights and Care Strategies – Dr. Melissa Free
October 15, 2025: The Overlooked Struggle: ADHD in Pregnancy and Postpartum – Dr. Ritika Baweja
October 29, 2025: Maternal Minds in Crisis: Clinical Insights on Suicide and Psychosis – Dr. Melissa Free
November 12, 2025: Chat with Experts

PennState Health

https://bit.ly/fall_webinar